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Please work through this checklist as best as you are able. There may be some situations that you may not encounter during the lessons. Be sure to email or text Mr. Rolwes short videos (1-2 minutes) of each lesson.

### Teaching Your Teen to Drive Checklist

#### Lesson #2 Overview:

- This lesson can be conducted in lower and higher traffic areas. Begin the lesson in a residential area and work on [SMITH System](#) making either left or right turns at each intersection. Students should begin to recognize the difference between controlled (stop signs, yield signs, traffic signals) and uncontrolled (no traffic controls).
- In higher traffic areas, the student should practice changing lanes by checking all mirrors and then checking the blind spot before changing lanes. Students should be given the opportunity to apply the [SMITH SYSTEM](#) or the [I.P.D.E. process](#) to the various driving tasks.
- Please also work on lane change procedure, intersection observance, traffic lights, signs, watching for pedestrians, bicycles, during this lesson.

Lesson 2: Parking the Car/Driving in Familiar and Light Traffic	Dates & Total Hours Practiced	Pass	Needs Practice	Comments
<b>Preparing to Drive:</b> Adjusting seat, mirrors, steering wheel, seatbelt				
<b>Sight Fundamentals:</b> Scanning & Entering Traffic				
<b>Observance:</b> Noticing pedestrians/children/bicycles/animals				
<b>Speed:</b> up to 35 mph and appropriate following distance and speed				
<b>Stop Signs</b> (all-way stops, two way stops, flashing red lights)				
<b>Stop lines</b> & crosswalks at intersections				
<b>Stopping:</b> feeling the car "level" onto the chassis (no rolling stops)				
<b>Right of way:</b> pedestrians & bicycles				
<b>Turns:</b> Entering traffic from a turn: Turning into the appropriate lane				
<b>Turns:</b> Protected Left Turns at intersections (green arrow)				

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<b>Turns:</b> Unprotected Left Turns at intersections (flashing yellow arrow or green light)				
<b>Backing Up:</b> Backing out of a parking space/garage				
<b>Parking:</b> Parking-angled space				
<b>Parking:</b> right & left turns into space				
<b>Parking:</b> side of street/parallel				
<b>Parking:</b> on a hill or unlevel surface				
Other:				

**Lesson Conclusion:** Students should practice "[Commentary Driving](#)" applying some of the skills above as the lesson is concluded.

**Lesson Reflection:** What needs to be worked on? What went well?

### **Lesson # 3 Overview Increased Traffic and Unfamiliar Roads**

During this lesson, the student should practice driving in higher traffic areas. It is essential that students are actively applying all elements of the SMITH and the IPDE Systems listed below. Below, you will find some routes and destinations that we typically use during this lesson.

- **GROCERY STORE TOUR:** Practice head in and angle parking at any Walmart, Target, HyVee, etc. This serves as a good opportunity to build on what was learned in the previous lesson. This is also a good opportunity for students to practice practical concepts of entering and leaving parking areas onto city streets, etc. Where possible, be sure to allow the student to practice turns and lane changes while driving to these destinations.
- **HIGHWAY DRIVE:** Highway 100 entering from E Ave is an entrance that allows the student to work on merging and driving on a lower traffic highway. Any other low-traffic

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highway or county road could be substituted. Continue to apply the [IPDE](#) and/or the [Smith System](#) when driving. Students will be asked to reflect on this lesson as part of an assignment in the online course.

<b>Lesson 3: Increased Traffic and Unfamiliar Roads</b>	<b>Dates &amp; Total hours practiced</b>	<b>Pass</b>	<b>Needs Practice</b>	<b>Comments</b>
<b>Preparing to Drive:</b> Adjusting seat, mirrors, steering wheel, seatbelt				
<b>Sight Fundamentals:</b> Scanning & Entering Traffic				
<b>Turning with multiple turn lanes:</b> double left turns				
<b>Roundabouts &amp; Traffic Circles:</b> Yielding to the left & appropriate speed				
<b>Lane Change Procedure:</b> Checking mirrors & Blind Spot				
<b>One way streets</b> -entering from both sides				
<b>One way streets</b> -exiting from both sides				
<b>Parked cars on street:</b> maintaining spacing				
<b>Sharing the road:</b> motorcycles, bicycles, other roadway users				
<b>Lane Change Procedure:</b> Checking mirrors & Blind Spot				
<b>Parking:</b> Head In/Perpendicular				
<b>Parking:</b> Angle Parking				
<b>Parking Lot Observance:</b> Watching for pedestrians, back-up lights, other drivers, etc				
<b>County Roads:</b> Speed Observance, IPDE, SMITH SYSTEM				
<b>Highway Driving:</b> 55 mph speed observance				
<b>Highway Driving:</b> Roadway marking & sign observance				
<b>Divided Highway Driving:</b> Grade				

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level intersections				
<b>Divided Highway Driving:</b> Off ramp exiting and on-ramp merging.				
<b>Divided Highway Driving:</b> 65 MPH observance				
<b>Divided Highway Driving:</b> Awareness of other drivers, merging, etc.				
<b>Gravel Road Driving:</b> Speed Observance, car placement				

**Lesson Conclusion:** Students should practice "[Commentary Driving](#)" applying some of the skills above as the lesson is concluded.

**Lesson Reflection:** What needs to be worked on? What went well?

**Lesson #4 Overview: Expressway & Interstate Driving**

- The fourth lesson is a good opportunity for students to get some experience driving on Interstate 380. Consider low traffic entrances to highway 30 at Edgewood Road and taking 380 South or the 380 North entrance.
- It is important to emphasize during this lesson that students should be watching for other vehicles merging onto the highway/interstate. I would suggest applying what was learned in the previous three lessons and finishing the lesson by driving on the interstate.

<b>Lesson 4: Expressway &amp; Interstate Driving</b>	<b>Dates &amp; Total Hours Practiced</b>	<b>Pass</b>	<b>Needs Practice</b>	<b>Comments</b>
<b>Entering the Divided Highway:</b> Merging				
<b>Entering Interstate 380 South/North:</b> Merging				

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<b>Interstate 380:</b> Exiting and Merging				
<b>Interstate 380:</b> Driving the S-Curve (55 mph), lane choice				
<b>Left Lane Driving:</b> Minimum Speeds & passing only				
<b>Merging:</b> Allowing others to merge				
<b>Merging:</b> Moving into center lane				
<b>Other Vehicles:</b> Managing space around large vehicles and on side of the road				
<b>Emergency Vehicles:</b> Move over law: Changing lanes for emergency vehicles				
<b>Exiting the Interstate:</b> Lane changing and proper speed				

**Lesson Conclusion:** Students should practice "[Commentary Driving](#)" applying some of the skills above as the lesson is concluded.

**Lesson Reflection:** What needs to be worked on? What went well?

### **DRIVING LESSON #5 Driving in Complex Environments & Nighttime Driving**

- This lesson would be used to combine elements of the previous three lessons. Students should also practice [parallel parking](#). There are several Youtube videos that give some excellent teaching points to consider. This will also be covered during the final lesson.
- The objective of this lesson should be to allow students to apply their skills in more complex situations. Where possible, students should be allowed to get some experience between sunset and sunrise.

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Lesson #5 Driving in Complex Environments & Nighttime Driving	Dates & Total Hours Practiced	Pass	Needs Practice	Comments
<b>REVIEW: Preparing to Drive:</b> Adjusting seat, mirrors, steering wheel, seatbelt				
<b>REVIEW: Sight Fundamentals:</b> Scanning & Entering Traffic				
<b>REVIEW: Turning with multiple turn lanes:</b> double left turns				
<b>Scanning:</b> Unexpected items on the road				
<b>Adverse Weather:</b> (snow, black ice, hydroplaning, wind, etc)				
<b>Seeing Fundamentals:</b> Glare at dusk & dawn				
Driving during Rush Hour				
Construction Zones				
<b>Nighttime Driving:</b> Bright vs Dim Headlights				
<b>Railroad Crossings:</b> Crossbuck Sign & Single Tracks				
<b>Railroad Crossings:</b> Railroad Signals, Stop Arms, and Lowered Gates				
Parking Garages				
School Zone Observance				
School Bus Observance; School Bus Stop Arms				
Other:				
Other:				
Other:				

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**CONCLUSION:**

- Please text Mr. Rolwes at **319-573-6378** when you are ready to do the final lesson.
- It is optional for the parent to ride along for this final lesson.
- Ideally, the student should be 80% finished with the online class before doing the final lesson.